

# Wireless microsystems for biomedical applications

João Paulo Carmo, José Higinio Correia,  
University of Minho, Dept. of Industrial Electronics, Campus de Azurém  
4800-058 Guimarães, Portugal, [jcarmo@dei.uminho.pt](mailto:jcarmo@dei.uminho.pt)

**Abstract**— This paper presents a review with the state-of-the-art of wireless microsystems for biomedical applications. Aspects including the radio-frequency systems, data acquisition, application specificities (especially those in the context of implantable devices), power consumption and issues associated to their integration are presented. A review of COTS (Commercial Off-The-Shelf) systems and new concepts and technologies are also presented.

**Index Terms**— Biomedical applications, data acquisition, data transmission, wireless microsystems, wireless instrumentation.

## I. INTRODUCTION

Invasive and implantable biomedical devices for doing diagnostics and for therapy purposes can be expected in applications ranging from neural [1] up to endoscopic capsule systems with video transmission [2]. The potential of these systems to open significant business activities in the near future is high due to the new emerging innovative technologies. The success of such systems can be explained in part with the advent of microtechnologies, which allowed the miniaturization of sensors and actuators followed by their integration with readout and communication electronics. Wireless implantable Microsystems constitute a breakthrough in the way the internal pathologies can be treated. This means that the radio-frequency (RF) chips can play an important role. In this context, this review starts with the discussion of issues associated with wireless instrumentation targeted for biomedical applications. This review also presents the technological aspects related to such devices, and finishes by presenting future directions of technology and applications.

## II. TECHNOLOGY FOR WIRELESS SYSTEMS

### A. Operational issues

The Figure 1 shows the currently available frequencies and bands for the several technologies used in wireless communications. The suitable frequencies for possible use (but not restricted to these ones) in wireless instruments are those belonged to the so called ISM band (Industrial, Scientific and Medical), due to its unregulated usage. These frequencies can be freely used without being subjected to standardization, but keeping the emission powers below the maximum levels imposed by regulations. This usage-flexibility led to the widespread of new applications as further discussed.

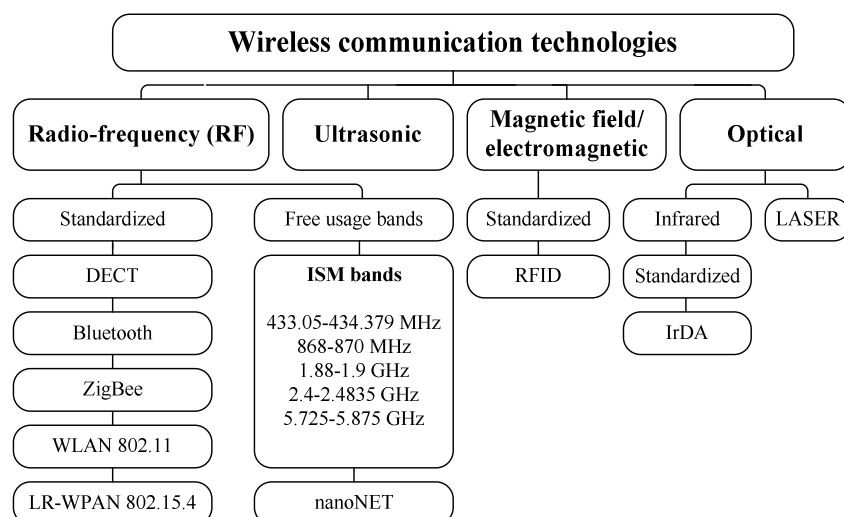


Figure 1: Currently available frequencies for wireless applications [3]. This figure was reproduced with authorization of the editor (Elsevier Science).

The selection of a frequency for an implantable device is easy but not trivial to do. First, the sizes of these devices must be the minimum as possible. In this context and as it is of general knowledge, the antenna is one of the most critical subsystems in wireless communications. This means that the antenna must be small enough to comply with the size constraints of the microsystems to not compromise the desired miniaturization. The size reduction can be a problem because the antenna must be designed for transferring the highest possible power into the receiver.

In the context of implantable devices, the size shortening of antennas can introduce additional problems of the impedance matching [4]. Additional issues include the biocompatibility and the bandwidth broadening for avoiding secondary effects related to frequency shifts. However, the environmental issue (and the most forgotten one) that limits the performance of an antenna (either transmitting or receiving antenna) is operating inside a lossy and relatively uncharacterized medium. This means that contrary to what happens within the air, the medium constituted by the human tissue will dominate the radiation performance of the whole RF link [5]. The antennas can be integrated with RF chips using either the on-package [6], or the on-chip [7,8] or even the on-wafer [9] technique. The Figure 2 illustrates for few cases, the respective concept behind the integration technique. The photographs in the Figure 2(a) belong to a RF transceiver IC, which was fabricated using the silicon-based (Si-based) System-in-Package (SiP) technology [6]. The SiP technology was invented by Philips Corporation, on which the microdevices are flip-chip mounted onto passive component substrates, whose consequence is the footprint area minimization as well as the parasitic elements. A lateral cut photograph is showed in order to better illustrate this integration concept [6]. To resume, in the on-package integration the antenna is coupled into the package where the RF chip is supported and is the simplest technique.

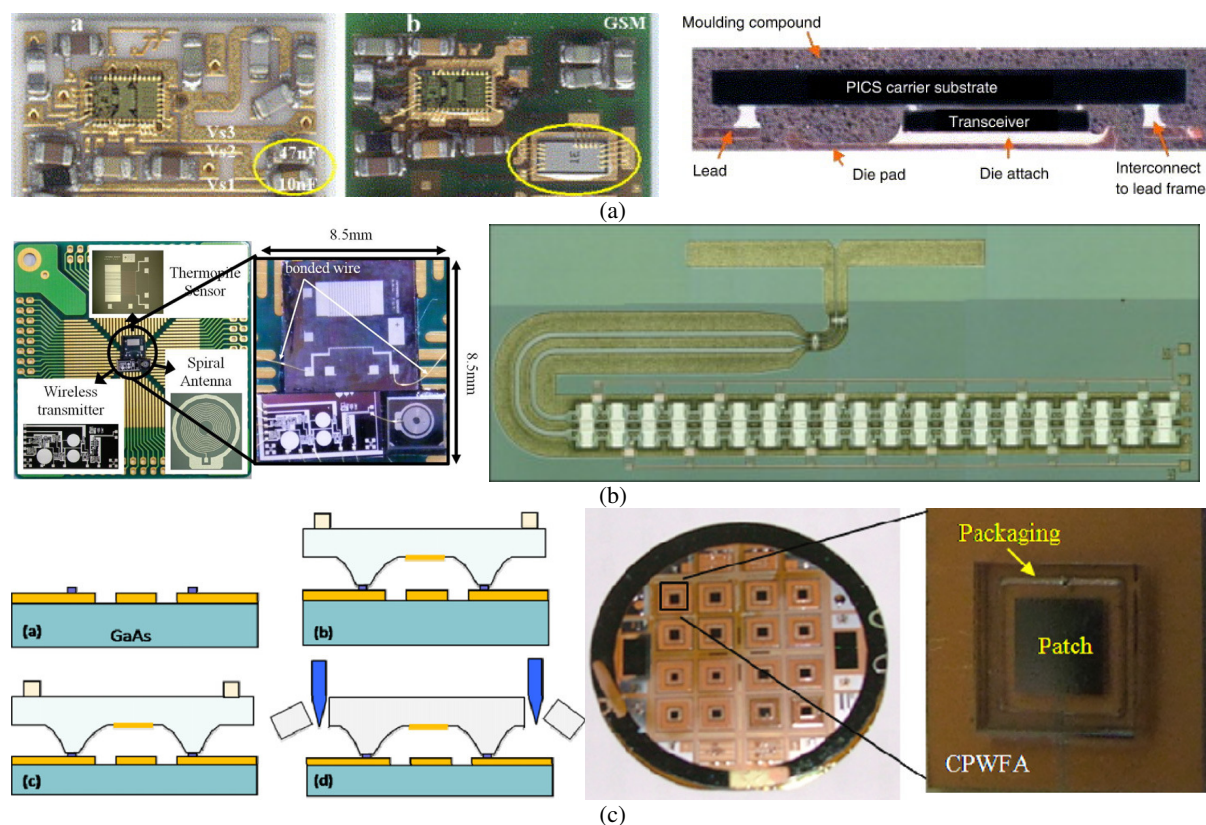


Figure 2: Techniques for integrating antennas/heterogeneous technologies into microdevices: (a) on-package [6], (b) on-chip [7,8] and (c) on-wafer [9]. These figures were reproduced with authorization of the editor (Elsevier Science).

The on-chip integration requires more than one integration process for more than one technology, which can lead to a situation where the technology for fabricating the RF chip can be incompatible with the one used for fabricating the antenna. The Photographs in the Figure 2(b) shows microsystems where the antennas were directly fabricated within the microdevice [7,8]. This second technique presents more advantages when compared with the on-package: both the microdevice and antenna are simultaneously subjected to the same process steps during the fabrication because they share the same set of technological rules followed by the microelectronic foundries. This make easy to overcome impedance mismatching problems and at the same time results on cheaper solutions because no additional step processes and external connections (on PCBs) are not required. Moreover, it is possible to obtain more compact and smaller devices than with other techniques. However, the main drawback of this technique is not allowing antennas whose sizes are far outside of the order of magnitude of microdevices. Moreover, a new antenna (either with a new shape or new specifications) implies the project redraw and a new submission to the foundry for fabricating the new microdevice.

Finally, the technique that seems to be promising is the on-wafer because wafer-level-packaging (WLP) techniques for joining heterogeneous technologies are offered by the industry with a relatively low-price. The Figure 2(c) helps to understand the WLP technique, e.g., the picture on left is a process flow to fabricate an antenna for operation in the millimeter-wave range [9]. In this picture, it is easy to identify few microsystem (microfabrication) techniques: (a) starting with the coplanar waveguide fed aperture (CPWFA) and benzocyclobutene (BCB) sealing ring previously patterned; (b) bonding step

to join the antenna into the substrate (containing the microelectronics); (c) substrate thinning step; (d) glass dicing. The photograph on left part of the Figure 2(c) shows few prototypes of fabricated antennas suspended in the cavity of the packaging [9]. This last technique is especially suitable for integrating patch-antennas (due to their planar shape) with RF chips [10]. A variety of antennas with a variety of shapes and physical placement are related in the literature, as it is the work done by Soontornpipit *et al* [11] who fabricated implantable patch antennas with spiral and serpentine shapes. The folded shorted-patch antenna in the Figure 3(a) was fabricated by Mendes [12] and it exploits the third dimension for fabricating small antennas with relatively good radiation characteristics. As illustrated in the Figure 3(b), specific microfabrication techniques were employed on its fabrication: e.g., sputtering of top and bottom layers of thin-films made of aluminium (Al) [13], patterning of the Al top layer [14], adhesive bonding (using the BCB - *Benzo Cyclo Butene* - as adhesive material [15]), seesaw cut dicing [16], vias formation by laser ablation, and singulation by dicing [17].

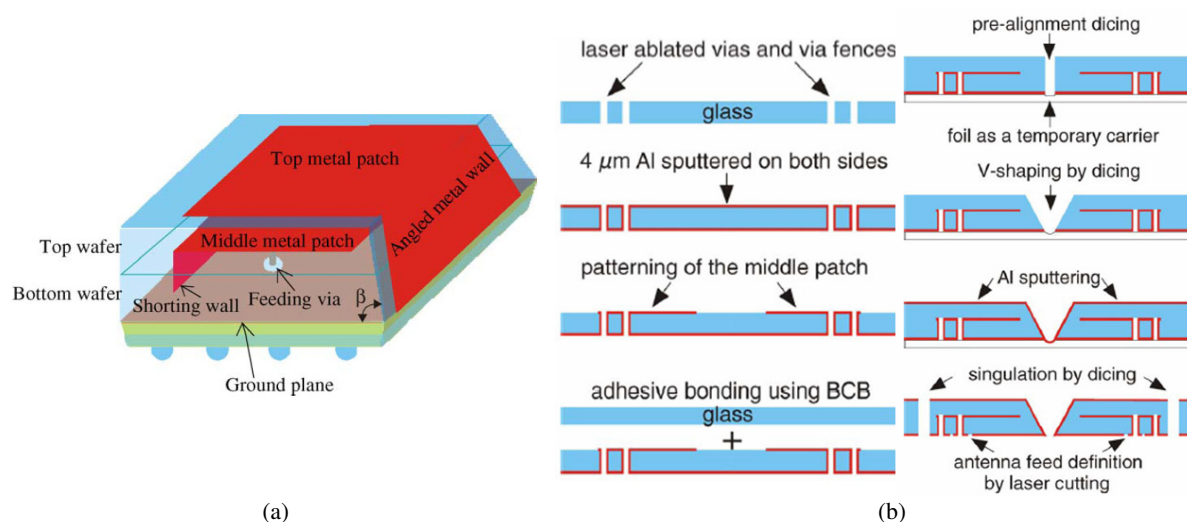


Figure 3: For the folded shorted-patch antenna fabricated by Mendes [12]: Schematics showing (a) the concept, and (b) the fabrication sequence using microfabrication techniques (by laser ablated vias, sputtering, and so on). These figures were reproduced with authorization of the editor (Elsevier Science).

Finally, the research group of Chow *et al* [18] explores an outstanding methodology that makes profit of cardiovascular stents to receive RF signals inside the human body. The precise modelling of the propagation channel inside the human body in conjunction with the equation of skin-depth,  $\delta$ [m], gives a rough estimative of the radiowaves penetration. The averaged parameters help to obtain the skin-depth and the path-loss characteristics of the propagation medium. However, the simple consideration of path-loss is not simpler because as stated by Scanlon *et al* [19], the electrical parameters of the surrounding tissue around the RF receiver and the body's structure have a strong influence in the radiation pattern of the receiving antenna. The main consequences of this are difficulties due to fading caused by radiation pattern fragmentation especially observed in the azimuthal plane. This happens because the human body is composed by a variety of tissues comprising the skin, fat, muscle, bone, nerve, among others. Therefore, it is required to do an averaging of the several electric parameters. A common rule of thumb consists on applying a factor of 2/3 to the

muscle, indicating that this is the dominating type of tissue in an average and healthy human subject [20]. It is a difficult task to obtain both the electric conductivity,  $\sigma$  [S.m<sup>-1</sup>], and the dielectric constant,  $\epsilon_r$ , as the needed parameters for calculating the actual path-loss. Nevertheless and independently of the electrical parameters that are used, the following skin-depth equation can be used for obtaining an estimative of the expected path-loss [21]:

$$\delta = \left( 2\pi 10^9 f_{GHz} \sqrt{\frac{\mu_0 \epsilon_0 \epsilon_r}{2} \left( \sqrt{1 + \left( \frac{18\sigma}{f_{GHz} \epsilon_r} \right)^2} - 1 \right)} \right)^{-1} \quad (1)$$

where  $\epsilon_0=10^{-9}/(36\pi)$  F.m<sup>-1</sup> and  $\mu_0=4\pi 10^{-7}$  H.m<sup>-1</sup>, are the electric permittivity and the magnetic permeability for the free-space (note that  $(\epsilon_0\mu_0)^{-1/2}=c$ ), respectively. The quantity  $f_{GHz}$  is the RF frequency expressed in giga-cycles per second. To have an idea of how such difficult is to get the parameters, the cortical bone can present an electrical conductivity,  $\sigma$ , of 0.1032 S.m<sup>-1</sup> and a dielectric constant,  $\epsilon_r$ , of 13.77 [20]. Additionally, in [22] these values are found to be  $\{\epsilon_r=5.2, \sigma=0.11 \text{ S.m}^{-1}\}$ ,  $\{\epsilon_r=57, \sigma=1.12 \text{ S.m}^{-1}\}$ , and  $\{\epsilon_r=15, \sigma=0.26 \text{ S.m}^{-1}\}$  for bone, for muscle and for fat, respectively. The difficulty is even more evident when looking these parameters varying with the frequency, as described in [20] where a disparity of values are presented:  $\{\epsilon_r=53, \sigma=1.10 \text{ S.m}^{-1}\}$  and  $\{\epsilon_r=51.6, \sigma=1.56 \text{ S.m}^{-1}\}$  for 418 MHz and 916.5 MHz, respectively. This difficulty can also be used in a positive way, as it happened with the work done by Karacolak *et al* [23] for continuously measuring the itens of glucose (the variations of the electric parameters are used for measuring the sugar concentration). The previous parameters were used for obtaining the skin-depth for 433 MHz, 2.4 GHz and 5.7 GHz, whose values were observed to be much equal between them. This means that for high frequencies, the path-loss can't be the only criterion to follow. In the studies carried out by Siwiak [24], the muscle tissue of the human body was modeled as a lossy wire antenna for simulating its interaction with radiowaves. More precisely, the human body were modeled as a cylinder of saline water with frequency dependeny electrical parameters. These studies resulted in skin-depths of approximately 60 mm and 26 mm for 433 MHz and 2.4 GHz, respectively [24]. Additionally and as demonstrated by Anacleto *et al* [25], the placement of the antenna within the human tissue, mounting with electronics and other stuff (for example, electrodes for acquiring biopotential signals) will result in the shifting of the centre frequency and/or on the broadening of the bandwidth.

### B. Measurement and data acquisition systems

The Figure 4 shows a block diagram of a generic measurement instrument. The blocks of a measurement system can be grouped into three major types: the real world (representing the physical quantity to be acquired), the interface block (with the sensor) and the core (e.g., the instrumentation itself). There are situations where the interface block can be part of the core, e.g., a voltmeter don't requires any external sensor because this one is already embedded inside the measuring instrument, thus the sensing tips can touch directly the electrical potentials. In this context, it must be clarified that a sensor can't be confused with a transducer, because the later can perform the same function of the

former but if the former is passive (for example, a physical quantity dependant resistor mounted in a Whitestone bridge) then additional circuits must be provided for obtaining the signal from the sensor. This means that the set composed by sensor and powering system makes a transducer, confirming that certain sensors are simultaneously transducers. The core blocks can include electronics of acquisition.

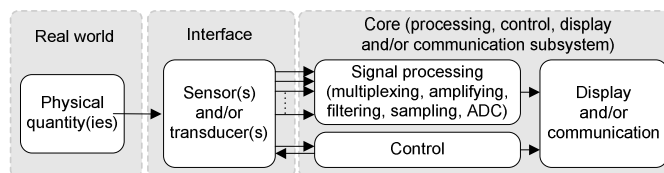


Figure 4: The block diagram of a generic measurement instrument.

The core also provides signal processing functions for signal conditioning purposes. These last functions include amplification (with the possibility to adjust the gain), filtering (either low pass or band pass or even high pass filtering) and analog to digital conversion. Then, the user can read the acquired values in a dedicated display. A more sophisticated core system can interface with the external world either to connect several measurement instruments or to send data to a central unit for further processing. These communications can use wired (I2C [26], RS232 [27]) or wireless buses (ZigBee [28] or customized solution [29]).

The core blocks of the measurement instruments can be analog or digital. The analog is the less versatile core because requires the presence of a person to annotate the measurements. This type of instrument is very limited and very difficult to be adapted to wide disparities of signals to measure. Furthermore, it is not possible to send wirelessly the physical quantities, unless a specific interface with an analog modulation scheme is provided. A digital core can be used for connecting transducers (whose output can provide signals in the analog or in the digital domain). The difference from their analog counterparts resides on the conversion component used in the final processing stage, e.g., the sampler and the analog-to-digital (AD) converter (ADC) block. The inclusion of multiplexers enables the acquisition of multiple channels with a single measurement instrument. This topic will be focus of discussion in the next section. Then and after the ADC conversion, the acquired measurements can be presented in a numerical display. These cores can also be built with internal memory for storing the ADC converted samples for rendering in a more complete displaying system (e.g., a planar screen) or for remote transmitting through a communication interface. This core also allows for changing and/or for programming the amplifier's gain, thus allowing itself for adapting to wide variations of physical quantities. Finally and thanks to the latest developments of microelectronics, by making available transducers with digital outputs (for example, integrated monolithic temperature transducers [30], Hall's effect magnetometers [31] and accelerometers [32], among others) it is possible to have full-digital and reusable cores. The judicious selection of transducers and cores can be decisive points for fabricating wireless instruments with low-power, reduced sizes and low-prices. This statement is especially evident on measurement instruments composed by reusable cores (for controlling and displaying/communicating), monolithic transducers (for signal acquisition) and on-chip signal

conditioning circuits [33] (for signal processing).

### C. RF interfaces

A wireless instrument communicates with the external world by radio-frequency (RF). Thus, a wireless interface must be provided for allowing RF communications. The Figure 5 shows a generic schematic block of a wireless microsystem doing functions of a stand-alone wireless instrument. These microsystems are composed by transducers, electronics for control and signal processing, by memory and by a RF interface (the RF transceiver) for connecting to an associated antenna. The dimensions of the RF transceiver must be comparable with others elements integrated in the microsystem (e.g., the transducers and remain electronics). The miniaturization of electronics and the spreading of fabrication processes for integrating heterogeneous technologies (e.g., CMOS, SiGe, III/V technologies, MEMS, among others) will result in the mass production of wireless microsystems at low prices. All these issues combined with the flexibility to select which and the number of transducers for integrating together with the RF transceiver and remain electronics allows engineers to design wide number of devices for wide number of applications. This last goal can be easily achieved with multi-chip-module (MCM) techniques applied to a limited number of components (which can be of different technologies). In conclusion, the technology is also a major point to allow the fabrication of wireless microsystems for use in wireless instruments. In this section, few examples for each of the ISM band in the Figure 1 are presented for a better view of wireless instruments potential.

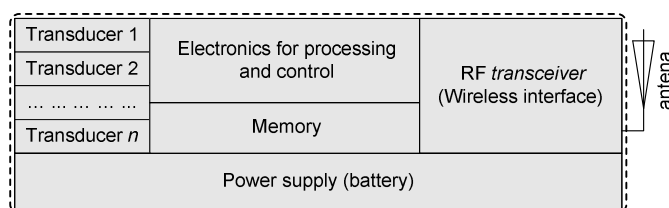


Figure 5: A generic microsystem architecture with an associated antenna.

The Figure 6 shows a photograph of the first prototype (shading area) of a receiver for operation in the 433 MHz ISM band that was developed for use in implantable Microsystems [34] and was integrated in a die with an area of  $5 \times 5 \text{ mm}^2$ . The selected architecture explores the super-regeneration phenomena to achieve a high sensitivity. This receiver can be supplied with a voltage of only 3 V for demodulating signals with powers in the range [-100,-40] dB. The combination of modulation and coding scheme is OOK (on/off keying) modulation combined with a variation of the Manchester code (a Biphase code). The AMIS  $0.7 \mu\text{m}$  CMOS process was selected for targeting the requirement to fabricate a low-cost receiver. This receiver is compatible with commercial transmitters, as well as customized RF solutions such as the transmitter fabricated by Morais *et al* [35].

Due to its inherent high sensitivity, the new developments around the super-regenerative architecture are very notorious in the recent years. This is a contradictory point because the super-regeneration principle was accidentally discovered by Edwin Armstrong in 1922 [36]. The super-regenerative architecture allows the fabrication of receivers with high sensitivity and high



simplicity of construction and low power consumption [37]. However and despite these positive points, this architecture was left forgotten during a long period of time due to inherent poor selectivity and frequency instability [38]. The interest in the super-regenerative receivers started to grow in the recent years with a tentative to make such receivers with commercial off-the-shelf components [39], culminating with a fully on-chip solution fabricated in a 0.8  $\mu\text{m}$  BiCMOS process [40]. This last solution was one of the first successful approaches for obtaining integrated RF chips with receivers based on the super-regenerative architecture. Since these first steps were done, a wide variety of circuits were published in the literature for a wide number of applications fabricated with the available processes. For example, the work conducted by Chen *et al* [41] resulted in a receiver fabricated in a 0.13  $\mu\text{m}$  CMOS process and able to operate at 2.4 GHz with passband tuning. The super-regenerative receiver fabricated by Moncunill-Geniz *et al* [42] also operates at 2.4 GHz and was conceived for high-speed data transfer purposes (e.g., 11 Mbps). Finally, the work proposed by Moncunill-Geniz *et al* [43] pushes the super-regenerative concept further by presenting two new architectures for achieving non-coherent detection of direct-sequence spread spectrum (DSSS) signals. To finish, it is expected that the potential for use the super-regenerative in modern applications didn't reached the end-of-line and new developments are expected in the newer future.

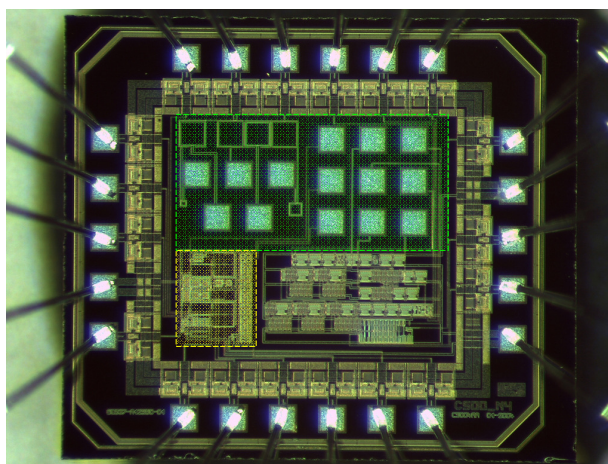


Figure 6: A die photography containing the first prototype of a super-regenerative receiver (non-shaded area) [34].

The power consumption of a wireless instrument limits its working time, especially when functioning with batteries. In this context, the selection (or even further, the design) of RF transceivers can't neglect this issue because this is the block with major impact in the total power consumption, when compared with the whole electronics in the instrument [44]. Furthermore and despite the spreading of microelectronics fabrication processes with the potential to achieve smaller power consumptions, the RF transceiver is irremediably the subsystem of highest power consumption [45,46]. This demand for the integrated definition of architectures and methods of control, as well as to provide means to predict the power consumption of the RF system. The Figure 7(a) shows a photograph of a RF CMOS transceiver at 2.4 GHz for allowing the implementation of control actions, in order to achieve an optimum power consumption [47]. This RF CMOS transceiver was fabricated



in a standard 0.18  $\mu\text{m}$  CMOS process for achieving low-power consumption with low-voltage supply. As illustrated in the Figure 7(b), the design of this RF CMOS transceiver predicted the use of control signal to either select the transmitter or the receiver in order to allow its integration with electronics to perform custom control. These control signals combined with optimized control protocols can result in true green networks, where the minimization of power consumptions is a major concern.

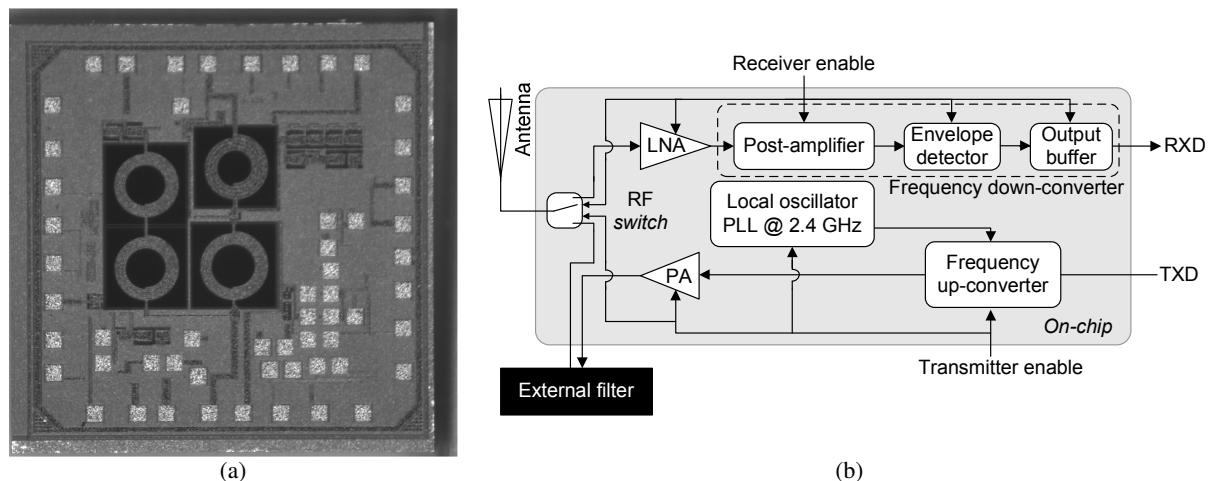


Figure 7: (a) Photography and (b) block schematic of a RF CMOS transceiver at 2.4 GHz [47].

It is possible to explore the band located between the 5.7 GHz and the 5.89 GHz for implementing wireless instruments [48]. This band allows the fabrication of antennas, whose small dimensions potentiates their integration with electronics using Wafer-Level-Packaging (WLP) techniques. The integration of antennas and electronics in the same microsystem results in smaller impedance mismatching problems. Moreover, the antenna and electronics co-integration systematizes the fabrication process and at the same time results in microsystems with a small cost per unity. The Figure 8(a) shows a photograph of the wireless interface measuring of  $1.5 \times 1.5 \text{ mm}^2$  [49]. The schematic illustrated in the Figure 8(b) shows the block diagram of the RF part at 5.7 GHz. The digital signals  $\{S_0, S_1, S_2, S_3\}$  select the target frequency in the range  $f_{out} = f_{ref} \times (400 + 2S) = f_{ref} \times [400 + 2(S_0 + 2S_1 + 4S_2 + 8S_3)]$ , whose range is located between 5.42 GHz and 5.83 GHz for a reference frequency  $f_{ref} = 13.56 \text{ MHz}$ .

An integrated low-cost solution for wireless instruments based on a microdevice fabricated with the 0.18  $\mu\text{m}$  CMOS low-power consumption process can also be found in [50]. This microdevice is naturally composed by a RF transceiver, by a RISC (Reduced Instruction Set Computer) microcontroller, by RAM (Random Access Memory) memory, by a power-supply management circuit, by analog electronics of signal conditioning and analog-to-digital conversion (ADC), and by circuits for providing communication based in SPI and I<sup>2</sup>C buses. The control electronics was developed for implementing a specific communication protocol for use with multiple wireless instruments and low-power consumption, e.g., the WiseMAC protocol. According the authors, this protocol working together with their RF transceiver achieves power consumptions thirty times smaller that those obtained with the IEEE 802.15.4. Furthermore, the operation frequency can be selected

from 433 MHz and 868 MHz, as well as either with the OOK modulation or the FSK modulation. According to those claimed, their RF transceiver presents a power consumption of either 2.5 mW or 39 mW, when either the receiver or the transmit operation mode is respectively selected [50].

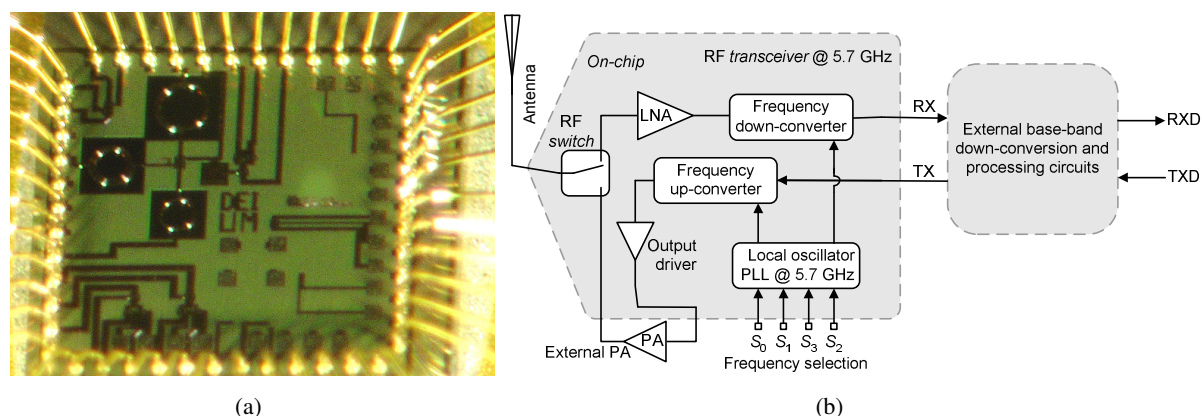


Figure 8: (a) A photograph [17] and (b) the respective schematic block of a RF transceiver at 5.7 GHz [49].

### III. COTS SOLUTIONS

It is now clear that the biomedical applications are these with the higher potential for using wireless instruments. An example that confirms this statement is the wireless monitoring systems of human body information as a growing field. Body area network comprises smart sensors able to communicate wirelessly to a base station. Examples of applications are the wireless electroencephalogram (EEG) which is expected that will provide a breakthrough in the monitoring, diagnostics and treatment of patients with neural diseases. Contrary to the conventional approaches supported on wires (in the Figure 9(a) is possible to observe such a system for acquiring EEG signals, where a large number of wires are used to connect the electrodes into the electronics of acquisition and signal processing), the use of wireless solutions based on wireless modules (composed by the neural electrodes, processing electronics and a RF transceiver with an associated antenna) will be an important breakthrough in the way as the EEG diagnostics are made. Two approaches can be used for implementing wireless EEG systems: the Commercial Off-The-Shelf (COTS) and the customized solutions. As said by its name, a Commercial Off-The-Shelf solution uses discrete integrated circuits and passive components for making wireless instruments, whereas a customized solution is designed from the scratch and further integrated into single microdevices, in order to optimize the size, power consumption and allow power supply with small batteries (for example, class AA, coin sized batteries). The system proposed by Dias *et al* [51] is an example of a COTS system for acquiring EEG signals and transmission by RF. Basically, this wireless EEG system uses a micaz module from the Crossbow Company (xbow inc.) [52] at 2.4 GHz for RF transmission and for controlling and converting the physical data (using the TinyOS operating system). This system uses two class AA batteries of 1.5 V for power-supply, and achieves the maximum bit rate of 120 kbps. Other features of this system include the resolution of about 4  $\mu$ V and presents the power consumption is 15 mW and can acquire signals with the help of five single ended channels. This wireless acquisition system fits

approximately in  $5.7 \times 4.8 \times 2.0 \text{ cm}^3$ . The Figure 9(b) shows such a wireless system fixed into a human subject with the help of an elastic band (the white strap) on the thorax region.



Figure 9: A subject (a) with a conventional EEG system based on wires and (b) with a wireless data acquisition, logging and transmission system prototype fixed with the help of an elastic band (the white strap) on the thorax region [51].

#### IV. NEW CONCEPTS

New techniques for implementing wireless instruments can be found in the literature. These techniques are extremely innovative due to the breakthrough introduced in the way the measurements are done. The work proposed by Karacolak *et al* [53] takes in account the variation of the electric parameters for continuously measuring the items of glucose (the electric parameters varies with the sugar concentrations). Alternatively, the research group of Chow *et al* [54] explores an uncommon (but still very innovative) methodology that makes profit of cardiovascular stents to receive RF signals inside the human body. In this work, the stents are used as radiating structures for transmitting the measurements across the tissues of the human body.

The work proposed by Rodrigues *et al* [55] uses a MEMS antenna with an U-cantilever shaped structure. Basically, this cantilever is sensitive to the magnetic field component of electromagnetic waves and will oscillate. A piezoelectric material layer of polyvinylidene fluoride (PVDF) [56] is used to convert the magnetic field into a voltage useful enough to be understood by the reading circuit made by Lameiro *et al* [57]. The major innovation of this technique is allowing the integration of antennas with implantable devices by way of Wafer-Level-Packaging (WLP) techniques for achieving the fabrication of small sized devices. Their antenna occupies an area of  $1.5 \times 1.5 \text{ mm}^2$  [55].

Another outstanding application is proposed by Sepulveda *et al* [58], where a capacitive sensor made with a polymer can be used to measure the blood pressure on patients that were recently subjected to an implantation of a stent-graft. The stent-grafts are widely placed within the veins to fix a specific pathology, e.g., to close cardiac aneurysms. As showed in the Figure 10(a), an aneurysm is a permanent and irreversible localized dilatation of an artery, having at least a 50% increase in diameter compared with the common one. As showed in the Figure 10(a), this capacitive sensor found on [58] closes the aneurism and at the same time provides a mechanism for monitoring the blood pressure in the interior of the vein. The Figure 10(b) shows how a stent-graft can be used to perform

the endovascular aneurysm repair and thus, avoiding the need for an open surgery. The process flow used to fabricate this type of capacitive sensor [58] are based on an emergent nanotechnology: the Carbon Nanotubes (CNTs) Science. In the Figure 10(c) is possible to observe a photograph of a prototype of this capacitive sensor, which present a cavity dimension of  $8 \times 8$  mm and a thickness of 0.8 mm [58]. Basically, the capacitive sensor is based on two square-plate electrodes which act as a diaphragm and is separated by a dielectric (normally made of air) at a given pressure. The working is very simple but very ingenious: the variations of pressure outside of the diaphragm make the square-plates to bend, changing the capacitive proportional to the pressure changes.

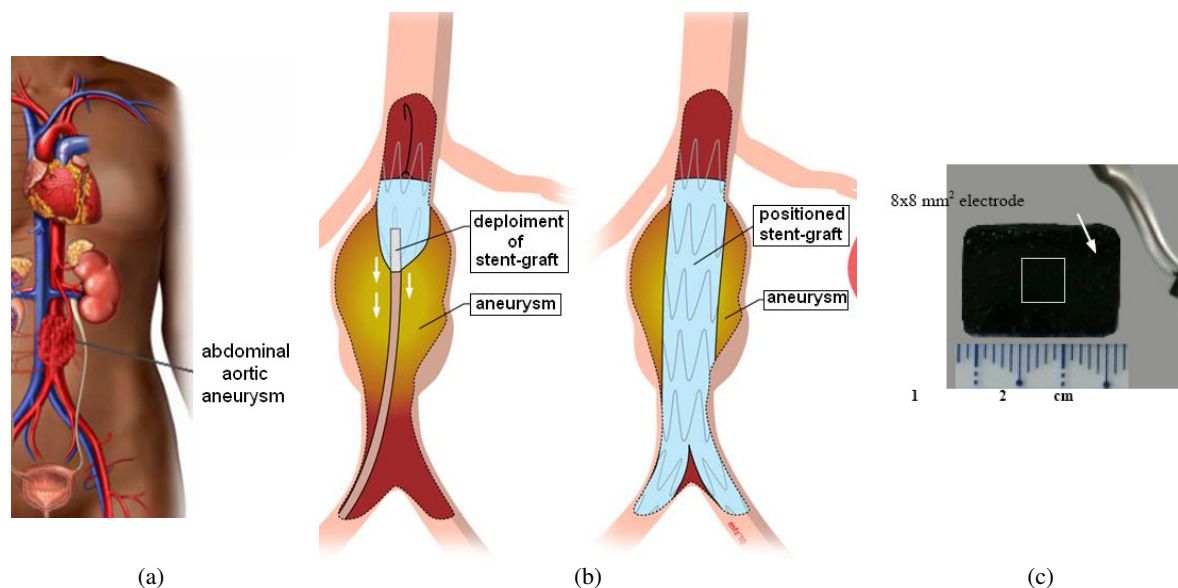


Figure 10: (a) Illustration of an aneurysm localized in the aorta. (b) Artwork showing the endovascular aneurysm repair concept, using stent-grafts. (c) Photograph of fabricated sensors [58]: reproduced with authorization of Elsevier Science.

To finish, a new breakthrough can be obtained by doing the co-integration of the electronics with microbatteries made of thin-film materials to provide energy in a harvested fashion [59]. This microbattery supplies the microsystem in an enough time to increase the useful life of the microsystem. The Figure 11 shows an artwork (for better illustration of the concept) [60] and a cross-section SEM image of the microbattery prototype made of thin-films [61].

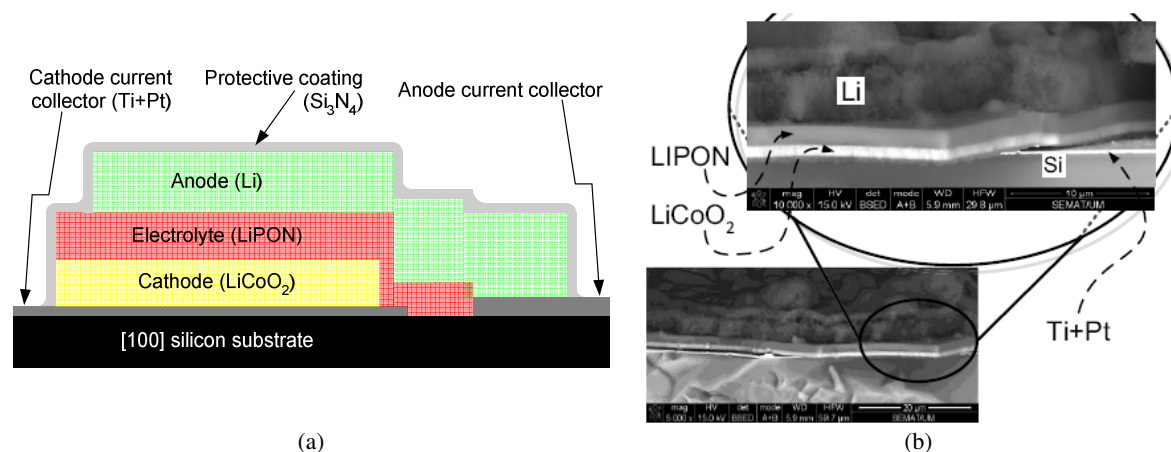


Figure 11: (a) Artwork [60] and a cross-sectional SEM image of the thin-film battery [61].

## ACKNOWLEDGMENT

This work was fully supported by the Algoritmi's Strategic Project UI 319-2011-2012, under the Portuguese Foundation for Science and Technology grant PEst-C/EEI/UI0319/2011.

## REFERENCES

- [1] K. T. Lau, *et al.*, "A low-power synapse/neuron cell for artificial neural networks", *Microelectronics Journal*, Vol. 30, pp. 1261-1264, 1999.
- [2] B. Chi, *et al.*, "Low power high data rate wireless endoscopy transceiver", *Microelectronics Journal*, Vol. 38, pp. 1070-1081, 2007.
- [3] J. P. Carmo, and J. H. Correia, "Low-power/low-voltage RF microsystems for wireless sensors networks", *Microelectronics Journal*, Vol. 40, No. 12, pp. 1746-1754, December 2009.
- [4] M. D. Weiss, *et al.*, "RF coupling in a 433-MHz biotelemetry system for an artificial hip", *IEEE Antennas and Wireless Propagation Letters*, Vol. 8, pp. 916-919, 2009.
- [5] A. K. Skrivervik, and F. Merli, "On the efficient design, analysis and measurement of bio-compatible electrically small antennas", 2010 URSI International Symposium on Electromagnetic Theory, pp. 853-856, Berlin, Germany, 2010.
- [6] F. Roozeboom, *et al.*, "Passive and heterogeneous integration towards a Si-based System-in-Package concept", *Thin Solid Films*, Vol. 504, No. 1-2, pp. 391-396, May 2006.
- [7] B.-J. Gu, *et al.*, "Wireless smart sensor with small spiral antenna on Si-substrate", *Microelectronics Journal*, Vol. 42, No. 9, pp. 1066-1073, September 2011.
- [8] M. Fernández-Bolaños, *et al.*, "Dipole antenna and distributed MEMS phase shifter fully integrated in a single wafer process for beam steering applications", *Microelectronic Engineering*, Vol. 87, No. 5-8, pp. 1290-1293, May-August 2010.
- [9] E. Herth, *et al.*, "Wafer level packaging compatible with millimeter-wave antenna", *Sensors and Actuators A: Physical*, Vol. 173, No. 1, pp. 238-243, January 2012.
- [10] A. Polyakov, *et al.*, "High-resistivity polycrystalline silicon as RF substrate in wafer-level packaging", *Electronic Letters: The IET*, Vol. 41, No. 2, pp. 100-101, 2005.
- [11] P. Soontornpipit, *et al.*, "Design of implantable microstrip antenna for communication with medical implants", *IEEE Trans. on Microwave Theory and Techniques*, Vol. 52, No. 8, pp. 1944-1951, 2004.
- [12] P. M. Mendes, *et al.*, "Integrated chip-size antennas for wireless microsystems: Fabrication and design considerations", *Journal of Sensors and Actuators A: Elsevier Science*, Vol. 125, pp. 217-222, 2006.
- [13] J. H. Correia, and J. P. Carmo, *Introdução às microtecnologias no silício*, LIDEL, Lisbon, 2010. (*In Portuguese*).
- [14] L. M. Gonçalves, *Microsistemas termoelétricos baseados em teluretos de bismuto e de antimônio*, PhD Thesis on Industrial Electronics Engineering, University of Minho, Guimarães, Portugal, 2008. (*In Portuguese*).
- [15] P. Abele, *et al.*, "Wafer level integration of a 24 GHz differential SiGe-MMIC oscillator with a patch antenna using BCB as a dielectric layer", 33<sup>rd</sup> European Microwave Conference Digest, Vol. 1, October 2003, pp. 293-296.
- [16] A. C. Peixoto, *et al.*, "Invasive neural electrodes structure fabrication based on aluminum wafers", *Micromechanics Europe 2012 (MME 2012)*, Ilmenau, Germany, pp. 1-4. Session A-07, 9-12 September 2012.
- [17] P. M. Mendes, *Microantenas integradas em microsistemas de rádio-frequência para comunicações sem fios*, PhD Thesis on Industrial Electronics Engineering, University of Minho, Guimarães, Portugal, 2005. (*In Portuguese*).
- [18] E. Y. Chow, *et al.*, "Evaluation of cardiovascular stents as antennas for implantable wireless applications", *IEEE Transactions on Microwave Theory and Techniques*, Vol. 57, No. 10, 2009.
- [19] W. G. Scanlon, *et al.*, "Radiowave propagation from a tissue-implanted source at 418 MHz and 916.5 MHz", *IEEE Transactions on Biomedical Engineering*, Vol. 47, pp. 527-534, 2000.
- [20] D. A. Christensen, *et al.*, "Basic Introduction to Bioelectromagnetics", 2<sup>nd</sup> Ed, CRC Press, 2009.
- [21] J. L. Volakis, "Antenna Engineering Handbook", McGraw-Hill 2007.
- [22] R. Pethig, "Dielectric properties of body tissues", *Clinical Physics and Physiological Measurement: Institute of Physics (IOP)*, Vol. 8, No. Supplementary A, pp. 5-12, November 1987.
- [23] T. Karacolak, *et al.*, "Design of a dual-band implantable antenna and development of skin mimicking gels for continuous glucose monitoring", *IEEE Transactions on Microwave Theory and Techniques*, Vol. 54, No. 4, pp. 1001-1008, April 2008.
- [24] K. Siwiak, "Radiowave propagation and antennas for personal communications", Third Edition, Artech-House, 2007.
- [25] P. Anacleto, *et al.*, "Multifunction antenna for compact wireless electrophysiological monitoring devices", 2010 IEEE International Symposium on Antennas and Propagation and CNC/USN/URSI radio science meeting, Toronto - Ontário, Canada, 11-17 July 2010, pp. 1-4, paper 427.8.
- [26] J. H. Correia, *et al.*, "A CMOS optical microspectrometer with light-to-frequency converter, bus interface and stray-light compensation", *IEEE Trans. Instrum. & Measurement*, Vol. 50, No. 6, pp. 1530-1537, 2001.
- [27] L. Korba, *et al.*, "Active infrared sensors for mobile robots", *IEEE Trans. Instrumentation & Measurement*, Vol. 43, pp. 283-287, 1994.
- [28] H. F. López *et al.*, "Towards the design of efficient nonbeacon-enabled ZigBee networks", *Computer Networks: Elsevier Science*, Vol. 56, No. 11, pp. 2714-2725, July 2012.
- [29] J. P. Carmo, *et al.*, "A low-cost wireless sensor network for industrial applications", *Wireless Telecommunications Symposium 2009*, Praga, Czech Republic, Session D-2, pp. 1-4, 2009.
- [30] A. Bakker, and J. H. Huijsing, "Micropower CMOS temperature sensor with digital output", *IEEE Journal of Solid-State Circuits*, Vol. 31, No. 7, pp. 933-937, 1996.



- [31] M. Motz, *et al.*, "A chopped hall sensor with small jitter and programmable «true power-on» function", IEEE Journal of Solid-State Circuits, Vol. 40, No. 7, pp. 1533-1540, 2005.
- [32] J. Chae, *et al.*, "A monolithic three-axis micro-g micromachined silicon capacitive accelerometer", IEEE Journal of Microelectromechanical Systems, Vol. 14, No. 2, pp. 235-244, 2005.
- [33] A. Arnaud, and C. Galup-Montoro, "Fully integrated signal conditioning of an accelerometer for implantable pacemakers", *Analog Integrated Circuits and Signal Processing*, Vol. 49, No. 3, pp. 313-321, 2006.
- [34] J. P. Carmo, *et al.*, "433 MHz implantable wireless stimulation of spinal nerves", 17th IEEE International Conference on Electronics Circuits and Systems, ICECS 2010, Athens, Greece, pp. 227-230, 2010.
- [35] R. Morais, *et al.*, "A wireless RF CMOS mixed signal interface for soil moisture measurements", *Journal Sensors and Actuators A: Elsevier Science Direct*, Vol. 115, pp. 376-384, 2004.
- [36] A. Vouilloz, *et al.*, "A low-power CMOS super-regenerative receiver at 1 GHz", IEEE Journal of Solid-State Circuits, pp. 440-451, 2001.
- [37] N. Joehl, *et al.*, "A low power 1 GHz super regenerative transceiver with time shared PLL control", IEEE Journal of Solid-State Circuits, Vol. 36, No. 7, pp. 1025-1031, 2001.
- [38] D. M. W. Leenaerts, "Chaotic behavior in super regenerative detectors", IEEE Transactions on Circuits and Systems I: Fundamental Theory and Applications, Vol. 43, No. 3, pp. 169-176, 1996.
- [39] D. L. Ash, "A low-cost super-regenerative SAW stabilized receiver", IEEE Transaction on Consumer Electronics, Vol. 33, pp. 395-404, 1987.
- [40] P. Favre, *et al.*, "A 2 V 600 uA 1 GHz BiCMOS super regenerative receiver for ISM applications", IEEE Journal of Solid State Circuits, Vol. 33, No. 12, pp. 218-2196, 1998.
- [41] J. Y. Chen, *et al.*, "A Fully Integrated Auto-Calibrated Super-Regenerative Receiver in 0.13 um CMOS", IEEE Journal of Solid State Circuits, Vol. 42, No. 9, pp. 1976-1985, 2007.
- [42] F. X. Moncunill-Geniz, *et al.*, "An 11 Mb/s 2.1 mW synchronous superregenerative receiver at 2.4 GHz", IEEE Transactions on Microwave Theory and Techniques, Vol. 55, pp. 1355-1362, 2007.
- [43] F. X. Moncunill Geniz, *et al.*, "New superregenerative architectures for direct sequence spread spectrum communications", IEEE Transactions on Circuits and Systems II: Express Briefs, Vol. 52, pp. 415-419, 2005.
- [44] J. A. Gutierrez, *et al.*, "IEEE 802.15.4: Developing standards for low-power low-cost wireless personal area networks". IEEE Network, Vol. 5, No. 15, 12-19, September/October 2001.
- [45] C. Enz, *et al.*, "Ultra low-power radio design for wireless sensor networks", IEEE International Workshop on Radio-Frequency Integration Technology: Integrated Circuits for Wideband Communication and Wireless Sensor Networks, Singapore, 2005.
- [46] C. C. Enz, *et al.*, "WiseNET: An ultralow-power wireless sensor network solution". IEEE Computer, Vol. 37, No. 8, pp. 62-70, 2004.
- [47] J. P. Carmo, *et al.*, "A 2.4-GHz CMOS short range wireless-sensor-network interface for automotive applications", IEEE Transactions on Industrial Electronics, Vol. 57, No. 5, pp. 1764-1771, May 2010.
- [48] E. H. Callaway Jr., *Wireless sensor networks, Architectures and protocols*, Chapter 3: The physical layer, CRC Press, 2004.
- [49] N. S. Dias, J. P. Carmo, *et al.*, "A low power/low voltage CMOS wireless interface at 5.7 GHz with dry electrodes for cognitive networks", IEEE Sensors Journal, Vol. 11, pp. 755-762, March 2011.
- [50] A. El Hoiydi, *et al.*, "The ultra low power WiseNET system". Design, Automation and Test in Europe 2006, Munich, Germany, pp. 1-5, 2006.
- [51] N. S. Dias, J. P. Carmo, *et al.*, "Wireless instrumentation system based on dry electrodes for acquiring EEG signals", accepted for publication in the Medical Engineering and Physics, pp. 1-10, 2012.
- [52] L. A. Rocha, *et al.*, "A Body Sensor Network for E-Textiles Integration". EuroSensors XX, Gothenburg, Sweden, 2006
- [53] T. Karacolak, *et al.*, "Design of a dual band implantable antenna and development of skin mimicking gels for continuous glucose monitoring", IEEE Transactions on Microwave Theory and Techniques, Vol. 54, No. 4, pp. 1001-1008, 2008.
- [54] E. Y. Chow, *et al.*, "Evaluation of cardiovascular stents as antennas for implantable wireless applications", IEEE Transactions on Microwave Theory and Techniques, Vol. 57, No. 10, pp. 2523-2532, 2009.
- [55] F. J. O. Rodrigues, *et al.*, "Modeling of a neural electrode with MEMS magnetic sensor for telemetry at low frequencies", MicroMechanics Europe (MME 2009), Toulouse, France, pp. D19/1-D194, 2009.
- [56] R. Lameiro, *et al.*, "Large Area Microfabrication of Electroactive Polymeric Structures Based on Near-Field Electrospinning", *Procedia Engineering*, Vol. 25, pp. 888-891, 2011.
- [57] R. Lameiro, F. J. O. Rodrigues, *et al.*, "Small antenna based on a MEMS magnetic field sensor that uses a piezoelectric polymer as translation mechanism", MicroMechanics Europe 2010 (MME 2010), pp. 116-119, Enschede, The Netherlands, 26-29 September 2010.
- [58] A. T. Sepulveda, *et al.*, "Nanocomposite flexible pressure sensor for biomedical applications", *Procedia Engineering*, Vol. 25, pp. 140-143, 2011.
- [59] J. P. Carmo, *et al.*, "Thermoelectric generator and solid-state battery for stand-alone microsystems", *Journal of Micromechanics and Microengineering: Institute of Physics (IOP) Publishing*, Vol. 20, No. 8, pp. 1-8, August 2010.
- [60] J. F. Ribeiro, J. P. Carmo, *et al.*, "Enhanced solid-state electrolytes made of lithium phosphorous oxynitride films", Accepted for publication on *Thin Solid Films*, 2012.
- [61] J. C. Ribeiro, J. P. Carmo, *et al.*, "Thin-film solid-state rechargeable lithium battery", *MicroMechanics Europe 2011 (MME 2011)*, pp. 190-193, Tønsberg, Norway, 19-22 June 2011.